

What's happening at the Storefront?

**“Participate Get involved Volunteer + many
more opportunities available”**

Storefront Hours 2020

Fall to Spring

Mon. – Thurs. 9am-7pm
Fri. 9am-5pm

Summer

Mon. – Fri. 9am-5pm

Hours & Program times may change, please call us for
information.

416-208-9889



@StorefrontKGO

4040 Lawrence Ave. E, Scarborough, ON
www.thestorefront.org info@thestorefront.org





The East Scarborough Storefront (The Storefront), a project of **Tides Canada's shared platform**, uses the power of collaboration to support people and build community in the inner suburban neighbourhood of Kingston Galloway/ Orton Park (KGO).

The Storefront's model and approach allows:

- Residents to find the services they need. Thirty-five organizations bring social services like legal advice, youth groups and settlement services to the neighbourhood through our service delivery hub
- residents to run their own events, volunteer throughout the community and engage in civic action
- residents to connect with local employment and economic opportunities;
- businesses to tackle issues of economic viability for both individual enterprises and for the KGO community
- The nurturing of innovative initiatives throughout the neighbourhood. We connect institutions like the University of Toronto Scarborough and professions like architecture to the myriad of activities designed to increase resident voices, knowledge and opportunity in KGO

COMMUNITY RESOURCE CENTRE

We offer use of: Computers, Fax Machine, Photocopier, Scanner, Public Phone, and Community Resource Information. Computers shut down 30 minutes before closing time.

Monday to Thursday: 9 AM – 7 PM

Friday: 9 AM – 5 PM

Please note: Computers shut down 30 minutes prior to closing

EMPLOYMENT

In-House Employment Services

Connect with us to discover new opportunities and resources. To register for any of the following programs, please call 416-208-9889.

Employment Registration: Connect with Community Employment Specialist (Timing may Change)

Tuesday	12:00 PM – 4:00 PM
Wednesday	12:00 PM – 4:00 PM
Thursday	2:00 PM – 4:00 PM

One-on-one drop-in appointments and meetings with Employment Specialist to develop goals and action plans to gain sustainable employment.

Job Search Supports (Small Group Setting)

Tuesday, Wednesday	12:00 PM – 3:00 PM
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In a group setting, get some assistance with resume, cover letter preparation and more.

Second Career Information Session

Monthly

Information session explaining the eligibility and suitability criteria, and application details to apply for Second Career Financial Assistance. **Call to register for the next Information Session.**

Career Conversations

Please call for details

Workshops to help participants gain knowledge and skills on a variety of topics.

SETTLEMENT SERVICES

Catholic Crosscultural Services

Monday

1:30 PM – 5:00 PM

Wednesday

9:00 AM – 12:45 PM

Please contact a Community Resource Specialist to book appointment.

Available to community members of all immigration statuses.

Spoken languages: English, العربية (Arabic), ግዕዝ (Ahmaric), Français, Română, Italian, Español, Tigrigna, Tigre.

No specific restrictions.

Friday

9:00 AM – 5:00 PM

Please contact a Community Resource Specialist to book appointment.

Available to landed immigrants/permanent residents, convention refugees (accepted status) and live-in caregivers.

Spoken languages: English, ڤ سراف (Farsi), ڤ رذآ (Azeri), ڤ رد (Arabic), Türkçe, Français

Settlement information, immigration and legal information, sponsorship, housing, health, education and help with applications for Citizenship, PR card, ODSP, OW and work permits.

Settlement Assistance and Family Support Services (SAFSS)

Wednesday

9:00 AM – 12:30 PM

Please contact a Community Resource Specialist to book appointment.

Available to Permanent Residents, Landed Immigrants, Convention Refugee and Protected Persons and now citizens on Thursday's

Spoken languages: English, Bengali, Urdu

Settlement services including information, guidance and referrals related to Housing, Education, Health, Transportation, Employment, Credential evaluation, English language classes, Citizenship and Immigration, Sponsorship, translation and more.



SETTLEMENT SERVICES

Centre Francophone

Friday

9:00 AM – 5:00 PM

Please contact a Community Resource Specialist to book appointment.

Available to Permanent Residents, Landed Immigrants, Convention Refugees, Live-In Caregivers

Spoken languages: Français (Available to Francophone Community Members)

Information, guidance and referrals related to employment, mental and physical health, children, Family Aid as well as volunteering and cultural opportunities.

Afghan Women's Organization (AWO)

2nd and 4th Thursday of the month

1:00 PM – 4:00 PM

Please contact a Community Resource Specialist to book appointment.

Available to Convention Refugees, Landed Immigrant and Permanent residents.

Spoken languages: English, Dari, Farsi, Pashtu

Settlement services for newcomers with a special focus on women, their families and people who have experiences war and persecution.



SOCIAL SERVICES

The Neighbourhood Group

Wednesday (Drop-in)

1:00 PM – 3:00 PM

I.D Clinic assisting individuals who **do not have permanent housing** with obtaining identification documents. Health Card, Verification of Status, Birth Certificate.

Sign-up starts at 12:30PM - 2:30PM, or until full **Clinic starts at 1pm**

John Howard Society of Toronto H.I.P.P (Helping Individuals Plan Positively)

By appointment only

**For more information call
647-882-8431**

HIPP is an African-Caribbean youth centred program for those between the age of 12 – 17 that focuses on helping these young people build the skills to meet educational, employment and personal goals. HIPP strives to find proactive solutions to solve the problems of youth violence in neighbourhoods and families.

Your Local Food Banks (4100 Lawrence Ave E)

Wednesday

12:30 PM – 3:30 PM

Thursday

2:00 PM – 4:30 PM

Friday

10:30 AM – 1:00 PM

Operated by Scarborough Centre for Healthy Communities.

Please contact 416-847-4147 for more details.

West Hill Community Food Bank (4205 Lawrence Avenue E)

Thursday

2:00PM – 5:00PM

Administered by Friends of Jesus +Christ, Food Bank Ministry. Please contact 289-988-6914 for more details.

LEGAL SERVICES

Scarborough Family Law Services

416-696-2992

Providing help with family law and child protection, including separation/divorce and other related services.

South Asian Legal Clinic of Ontario (SALCO)

1st and 3rd Thursday of the month

10:00 AM – 12:30 PM

Languages spoken: English and Tamil

By appointment only. Please call to book an appointment.

To enhance access to justice for low-income South Asians in Toronto by providing assistance with immigration, spousal issues, human rights, OW, ODSP and more.

EDUCATION

Basic Computer Class

Tuesday

10:00 AM – 12:00 PM

Thursday

2:00 PM – 4:30 PM

Friday

10:00 AM – 12:30 PM

Basic computer class teaching skills ranging from using the mouse and keyboard, to setting up an email account and more. **Please contact a Community Resource Specialist for more details. 416-208-9889**

Toronto District School Board Essential Skills

3rd Thursday of the month

9:00 AM – 12:30 PM

A non-credit adult program for upgrading reading, writing and math skills to help improve confidence in English language capability, employability and school preparation.

Please contact a Community Resource Specialist for more details.

HEALTH SERVICES

Epilepsy Toronto

1st and 3rd Wednesday of the month

**1st - 10:00am-5:00pm
3rd - 5:00pm-7:00pm**

Monthly support meetings. Information, counseling, advocacy and support to assist people with epilepsy to live with independence and dignity. Provides services such as employment, children and youth, individual, couples and family counseling.

Please call 416-964-9095 for details.

FAME

By appointment only

416-207-5032

Supportive counselling service for children and youth ages 7-17 years old.

Fred Victor

Wellness Group (Not running during the summer)

Thursday

1:00 PM – 3:30 PM

Psychosocial supports to adults living with mental health issues in Scarborough.

Please call 416-482-4103 x 227 for details.

Sangamam

Friday

10:00AM-2:00PM

Tamil mental health peer-to-peer support group.



HEALTH SERVICES

Seniors Yoga

Wednesdays (Spring to Fall)

10:00AM-11:30AM

As we age, it becomes important to actively maintain a healthy body and spirit. Yoga can be started at ANY age and can help build muscle mass needed to prevent osteoporosis, assist with joint movement to relieve arthritis and help with balance.

For more information please the Grassroots Connections Coordinator at 416-208-7197 x 35

Scarborough Centre for Healthy Communities

Thursday

10:00 AM – 12:00 PM

Health and Wellness for Tamil Seniors (தமிழ்)

Seniors exercise and wellness program.

Please call 416-847-4129 for details.

Connecting Women with Scarborough Services (CWSS)

Tuesday

9:30AM- 4:30PM

Women's counselling and support

Referral services, safety planning, counselling, housing, legal services, financial supports, job assistance, children's services, immigration.

Toronto Public Health

By appointment only

Living and Learning with Baby

Making the Connection

Healthiest Babies Possible

Prenatal dietitian for expectant mothers.

Please call 416-338-7600 for an appointment.

Mobile Dental Clinic

Please call 416-208-9889 for an appointment

CHILDREN & YOUTH

Youth Zone

Wednesday

4:30 PM – 6:30 PM

Free drop-in program for youth aged 12-17. Come hang out and just "chill", no pressure to do activities, but games, music, Wi-Fi, and activities are provided. Looking forward to seeing you there!

Summer times may vary, please contact for detail at 416-208-9889

Kennedy House

Monday & Thursday

3:30 PM – 5:30 PM

After-school activities and homework help for children aged 12 and under. Snacks provided. Requires registration.

Please contact 416-299-3157 for details.

Association of Committed and Engaged Youth (ACEY)

Every other Monday

5:00PM-7:00PM

ACEY, a diverse collective of youth based in KGO, Youth recognized their capacity to design creative solutions and use their collective voice to create influence in areas of advocacy and civic outreach. We seek to reaffirm the power that youth hold as a diverse collective of leaders at the forefront of generational change.

For more info, call **416 208 7197 x 29**

Sport 4 Change (S4C)

Spring to Fall

Sport 4 Change (S4C) offers a supportive environment for young people to use their social connections, their voice and their energy to bring their best to their play and to their community. **Follow us on Instagram @sport4change or contact us at 416 208 7197 x 24 for updates**

KGO Kicks

Fridays@ St. Margaret's Public School

6:00 PM – 8:00 PM

Children and Youth from 8-18 years old. KGO Kicks provides a platform for children and youth between the ages of 4-19 to engage in sports games and practice with peers. **For more info please the Grassroots Connections Coordinator at 416-208-7197 x 35**

OTHER

Culture Link

Thursday

12:00 PM – 4:00 PM

N.E.A.T Mentorship Program aims to bring together new and established Canadians to build stronger, more welcoming communities and reduce isolation through Citizenship education and Career and New Canadian Experience programs.

Scarborough Centre for Healthy Communities

Every 1st Wednesday and 3rd Tuesday of the month

1:00 PM – 4:00 PM

Homelessness Prevention

Providing individuals with housing and homelessness prevention services. Please contact a Community Resource Specialist to book an appointment.

Woodgreen Financial Empowerment Services

By appointments only

**416-645-6000
ext.1330**

Financial empowerment services for community members living on a low income. Includes assistance with completing financial paperwork (applying for OAS, CPP, GIS, ODB Seniors Copay), CRA issues, debt and money management and more.

5N2 Kitchen

Monday

4:00PM-5:00PM

*Community free meal program
Please contact a Community Resource Specialist for more details*

Hanging at the Hub

Every other Wednesday

4:30PM-6:30PM

Bi-weekly gathering and recreational program open to all community members and residents.

For more info please the Grassroots Connections Coordinator at 416-208-7197 x 35

CONNECT WITH US

Volunteer Opportunities

For information on how to give back to your community, how to earn your volunteer hours, or how to recruit volunteers for a community event, please contact **Dip Habib at 416-208-7197 x 32.**

Small Business Resources

For information and resources for local entrepreneurs, please contact **Employment Team at 416-208-7197 x 41 OR 416-208-7197 x 46**

Resident Leadership and Engagement

For details on how to get involved in KGO and neighbourhood projects, please contact **Mash Mojadidi at 416-208-7197 x 35**

Youth Leadership and Engagement

For information on Youth Leadership and Engagement, please contact **Siona Koker at 416-208-7197 x 29**

Information and Referrals

For information on local community agencies, programs and services, please contact Community Resource Specialists at 416-208-9889 or info@thestorefront.org.

Want to stay in the know about KGO? Speak to our Community Resource Specialists to be added to our e-newsletter, and be updated on workshops, events, job fairs and other services that can benefit you!

EAST SCARBOROUGH
STOREFRONT
a project of  **Tides Canada**
UNLEASH YOUR TOWN

